

MOMMA'S POT ROAST

1. Deckel
2. kosher salt, pepper, paprika, garlic salt, mustard
3. broiler - alum. foil. get fat off - get crisp + season other side
- 10 min. each side
4. pot $\leftarrow$ ² onions (sliced lengthwise) + $\frac{1}{2}$ cup water +
meat + 2 bay leaves (on top)
on small flame
5. after 2 hours carrots
6. after $\frac{1}{2}$ potatoes

DELICIOUS
RESULT

633-770 70

8-p.m.

The America

42.00

ny-60-

80

100.00

225.00